



# Yaps & Yelps

Journal of Northern Suburbs Dog Training Club Inc August September 2010 No 4

Website [www.nsdogtraining.org.au](http://www.nsdogtraining.org.au)

Members only page can be accessed by user name - nsdctc, password - barbara



## 2010 Agility Trial

Fabulous winter weather,  
700 + entries, plenty of fun, friendly  
rivalry & competition as dogs &  
handlers negotiated the courses



Walk the course (or ? walk the plank!!!)

# Welcome to our new members

Training your dog is fun & owning an obedient dog is a pleasure

**19/6/2010**

Rebecca & Derek Barker with **Kanga**  
Sarah Blahuta with **Hachi**  
Catherine Crouch with **Lily**  
Jacqui Davidson with **Badger**  
John Hepburn with **Lucy**  
Sue & Tom Hordern with **Ogilvy**  
Jude, Jo and Paul Huxtable with **Chocky**  
Renee & Meryn Koonin with **Alex**  
Beth Higgs & Jan Madsen with **Amber**  
Ken, Dianne & Claire Offord with **Henry**  
Beth Parsons with **Misty**  
Robyn Renkert with **Jessie**  
Liesel Seehofer with **Zorr**  
Marillyn & Randal Stewart with **Ziggy**  
Peter Thomas with **Baillie**  
Arianne van der Meer with **Kodiak & Murphy**  
Robyn Greaves & Peter Wallman with **Sprinkles**  
Doreen, Michael & Bryan Price with **Bogart**  
Stephen Walters with **Lucy**  
Jan & Richard Whitaker with **Roxy**  
Ushi, Chloe, Jeevan & Anoushka William with **Bella**  
Sue Williams with **Dibley**  
Simon & Daniel Worthington & Margret Garden with **Pepe**

**3/7/2010**

Tracy-Lee Adams with **Che**  
Suzanne Blanchflower with **Harry**  
Alan and Rebecca Booth with **Robson and Alex**  
Sheena, Emma, Tim, Colin and Kate Bransgrove with **Ollie**  
Denis Feledy with **Mitch**  
Kristine & Paul Fuchs with **Ikey**  
Carmen Gian with **Freya**  
Kate Jardine with **Makeba**  
Jenny McCormack with **Bentley**

Eva Robey with **Charlie**  
Brenda & Hamish Shearer with **Jax**  
Prad, Chinmayee, Ricky & Riana Somaiya with **Leo**  
Angela, Greg, Lesley & James Spencer with **Oskar & Sniper**  
Joe Turton & Nadine, Hannah & Sam Gardner with **Sandy**  
June Tyrell with **Ruby**  
Justine Wackett with **Coco**  
Lauren Williams with **Ted**  
Sue Womersley with **Chianti**

**17/7/2010**

Michelle & Chris Elliott with **Sox**  
Miranda & Jason Hine with **Banjo**  
Nicole & Ben Newton with **Banjo**  
Carrie Nicolson with **Allie**  
Lynelle, Nathan & Jack Raphael with **Smokey & Tobias**  
Penny Reinhardt with **Hoolie**  
Katie, Rod, Jake, Bryce & Alanna Reneman with **Coco**  
Robin Smith & Ken Fondas with **Sam**

**31/7/2010**

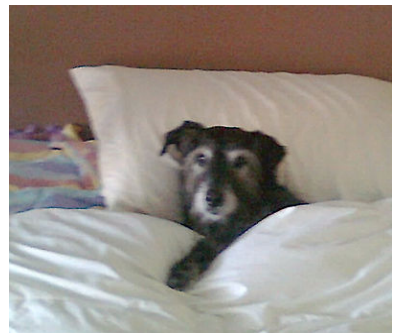
Chris & Rowena Carey with **Rupert**  
Judith Chapman with **Lucy**  
Melinda & Craig Duker with **Bodni**  
Sara & Natalee Elsaesser with **Bentley**  
Louise & Damon Georgeson with **Diesile**  
Margaret Hogan & David & Sam Hurford with **Pobby**  
Chermaine & David Keane with **Monty**  
Andrew & Annabel Murphy with **Daisy**  
Dagma & Alessia O'Neill with **Stella**  
Greg & Julia Palmer with **Archie**  
Marilyn Proudlock with **Bentley**  
Janet Young with **Saffy**

## An Ode to Russell

Russell was the uncrowned king.  
At Barb & Keith's abode,  
He supervised the other dogs & in the truck he rode.

The sweetest nature ever known  
He was their pride & joy,  
They got him from the shelter when he was but a boy.

As doggie lives are judged  
His was the very best,  
Adored by all who knew him  
And now he is at rest.



# **Congratulations on your promotion**

5.6.10

John Oppenheim & Moelders

19.6.10

Laura Harris & Bella to 2<sup>nd</sup> Class

Geoff Rodgie & Sophie to 2<sup>nd</sup> Class

Janine Branc & Zircon to 4<sup>th</sup> Class

26.6.10

Sue Williams & Dibley to 2<sup>nd</sup> Class

3.7.10

Beth Cooper & Clancy to 2<sup>nd</sup> Class

Debbie Mills & Bella to 3<sup>rd</sup> Class

10.7.10

Liesel Sechofer & Zoro to 2<sup>nd</sup> Class

17.7.10

Mitchell Purkis & Shumbam to 2<sup>nd</sup> Class

19.7.10

Maggie Young & Jester to 2<sup>nd</sup> Class

24.7.10

Margaret Rockey & Dash to 2<sup>nd</sup> Class

## **Club Equipment Store**

Do you need a different & more effective collar, harness or lead?

Ask our instructors at the equipment shop. They'll advise what is most suitable for your dog, fit it & show you how to use it correctly. Visit the store before or after class.

## **Club Demonstration Team**

Please ask if you'd like to be part of the Demo Team. You'll be warmly welcomed!

Your dog must meet the following criteria -

- Show no aggression towards other dogs and/or people
- Be reasonably obedient on lead – standards required are heeling at 3<sup>rd</sup> class level & sit, drop & stand on hand signal &/or voice cue
- Be stable in sit, stand & drop stays (to length of lead)
- Be approved as a team member by the Demonstration Team Coordinator

The Team Coordinator is Vickie Dean

## **Education**

The Club is hosting two educational talks

All members are welcome to attend

Both evenings will be held in the Clubhouse at St Ives Showground.

### **The Canine Athlete**

Dr Penny Mead from Hornsby Vet Hospital

**Wednesday 25 August 2010 at 7.30pm**

Please let Judy Perrin (Chief Instructor) or Karin Bridge (Education Committee) know if you want to attend. This talk is free for members.

### **The Special Needs Dog - Personality Disorders in Dogs**

Dr Jacqui Ley from Sydney Animal Behavioural Services at Seaforth

**Wednesday 13 September 2010 at 7.30pm**

Please let Judy Perrin (Chief Instructor) or Karin Bridge (Education Committee) know if you want to attend. The cost is \$10.00 per person.



### Pulling on Lead

Many puppy books will advise you to attach a lead to your puppy and allow him to drag it all around the garden. The puppy learns that the lead will follow wherever he goes. When you start to hold the end of the lead, your puppy learns to pull just a little harder and the lead will still follow wherever he goes. Alternately, when you first attach a lead to your puppy you are so keen to go for a walk that you are the first to pull to make your puppy move. Dogs have a natural 'opposition reflex' so if you pull one way your pup will pull the other. It is easy to see how quickly pulling becomes established.

#### **Learning to accept restraint.**

To turn this around, your dog must learn that once the lead is attached he is restricted to an area close to you. While six weeks of age is the best time to start, this lesson can be learned at any age. However as the older dog has had a lot of rewards for pulling, the process can be expected to take a lot longer.

Allow your dog a lead length of approximately two meters. This will enable you to remain on the footpath while your dog investigates a nearby tree or lamppost – after all scent is for your dog what vision is to us. You wouldn't enjoy a walk blindfolded and your dog won't enjoy a walk if he is completely prevented from sniffing. Do not be tempted to shorten, pull or wrap the lead around your hand. Hold the end of the lead only and try not to be the first to pull. The deal is the dog can have two meters to explore around you but he must not pull. You are now a six-legged team learning to move together.

Start by attaching your dog on lead to a post and stand close by. If your dog struggles take no notice, if he relaxes instantly reward with praise or treats. Next, hold the lead yourself and start to move around the back garden. This should be an easy place to start as your dog has probably thoroughly investigated your back garden already and won't be too excited. If the lead tightens stop immediately and act like the post – don't move at all and don't shorten the lead - just wait. When the lead slackens, immediately reward with praise and move forward. Your dog should be learning that pressure on the collar means 'stop' while no pressure on the collar means 'go' – sadly this is the opposite of what most dogs learn.

If all goes well, repeat in the front garden and then on the footpath just outside your home. Take your time and be consistent even if you do not get to walk very far that day. Do NOT be tempted to move forward when there is any tightness in the lead as this will only teach your dog that if he is persistent pulling will pay.

Several other strategies can help your dog to understand that a lead should be a light connection and not a tool for tug of war.

#### **He Who Was First Shall Now Be Last**

Whenever your dog charges ahead of you say 'steady' and change direction. Repeat until your dog realizes that you're the one dictating the direction of the walk. Adding the word 'steady' before each turn will teach your dog there is no point in charging ahead as you are about to change direction. Eventually 'steady' can be used as a general cue to 'slow down'.

#### **Teach a Sweet Spot**

Create a 'sweet spot' at your left leg where good things happen. The name for this sweet spot is 'close' or 'heel'. Whenever your dog is near this 'sweet spot' say 'Yes!' and dispense a treat as though from your left knee. If your dog moves too far ahead, stop, call him back and again reward from your left knee. You want the dog to know there are good things at your end of the lead not just out in front where the good smells are.



## Let's Stay Calm

How you prepare for your walk can contribute to, or reduce, the level of arousal even before you step out the door. Move slowly and speak quietly. Sit somewhere away from the exit door and wait for your dog to come to you and sit before putting his lead on. If he gets up before his lead is attached, stop, look away and wait again. Wait for a sit at the exit door. Sit once more as soon as you reach the footpath. Wait until the leash is loose and your dog is looking at you to see what is going to happen next – praise and start walking remembering to use one of the strategies outlined above if the lead should start to tighten.

Be proactive - whenever tension creeps into the lead do something about it immediately. Apply short vibrations to the lead to 'keep it alive', change direction, or call the dog back to you but never allow the lead to become a 'tug-of-war' rope between you.

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### The New Puppy

When a fellow starts ageing and gives away raging  
And nods off to sleep after tea,  
When his memory starts fraying and temples start greying  
Then you'd think he'd grow old gracefully.

But pull up a pew and buy me a few  
For I've got a story that's juicy,  
Of my household turned nutty, reduced down to putty  
By our new baby Beagle called 'Lucy'.

I'll tell you a tale from the Heights of Berowra  
Where peace lovers go for good karma.  
Where the canines are happy, (if just a bit yappy)  
And you wouldn't expect to find drama.

Now this mischievous Beagle with eyes like an eagle  
Has a pedigree long as your arm,  
With claws high-tensile and teeth crocodilic  
You can tell she could render some harm.

But her nature is gentle, not a bit temperamental,  
Except at the times that she's beckoned  
A slipper, a doll or a nice salad roll  
Can't be let out of sight for a second.

She will steal from the table whatever she's able  
To reach with her fifteen foot leap.  
She is fearsomely agile, takes things that are fragile  
And breaks them when we are asleep.

She barks at the moon with her terrible tune  
The neighbours now think we are awful.  
She eats like a mulcher and steals like a vulture  
Then grins with a smile that's unlawful.

We've called in the Army, we're all going barmy,  
It's more than a fellow can bear.  
There are holes in the garden and mess (beg my pardon)  
And our vacuum is clogged with her hair.

Dear reader take note of this rhyme that I wrote  
If you purchase a pup then confess  
It'll cost you a packet and stir up a racket  
And you'll love it despite all the stress.



*Many thanks to Graeme Davis for permission to reproduce his poem. It was first published in Monica's Mouse, Moggy & Mutt Magazine May 1995*



# Obedience Training

## The Basics of Obedience - The Stay

'Sit', 'Down', 'Heel', 'Stay' & 'Come'.

All dogs should be taught these five basic cue words. Always be patient with your dog & keep in mind every dog learns at a different rate. Your dog's ability to learn may be

faster or slower depending on their age, breed, temperament & the amount of practice you do with your dog.

Once your dog fully understands any one of these cues ('sit', 'down' or 'stand') you can start to teach the 'stay'.

**The 'stay'** is actually two exercises combined - the position of either 'sit', 'down' or 'stand' combined with a 'stay'.

You need to:

- say the position cue word, for example 'sit'
- say the 'stay' cue word & at the same time give the 'stay' hand signal
- watch your dog closely & reinforce with another 'stay' cue at the slightest sign of the dog moving from the position. PRAISE warmly & REWARD success, however slight.
- finally give the 'release' cue.

**The 'stay' hand signal** is made by bringing your open right hand across your body, with the palm facing your thighs until it is in front of your dog's nose at their eye level. A slight movement of your palm towards the dog's nose will reinforce the need to stay.

Be careful not to hit your dog's nose.

Do not swing your hand & arm outwards before bringing it towards your dog's nose. This movement may cause your dog to move forwards towards your hand & therefore move out of the position that you want them to stay in.

The 'release' is a cue word you give your dog to end the exercise. The 'release' word can be any word you like. Some commonly used words are: 'OK', 'that's all' & 'you're free'.

### Teaching your dog the 'sit/stay'

- With your dog on lead, get them to sit beside you in the heel position. PRAISE & treat immediately
- Their front paws should be in line with your ankles
- Give the 'stay' cue word as you give the 'stay' hand signal
- At this stage of learning do not move from your dog's side
- Watch your dog closely & repeat the 'stay' cue at the slightest hint that your dog is about to move
- Hold the 'stay' position for no more than 10 seconds to begin with
- Give your 'release' word followed by lots of praise & treats
- Practise this exercise about 10 times every day & remember to praise!
- Increase the 'stay' time very slowly over a couple of weeks.

When your dog is staying steadily beside you for about 30 seconds you can try the next step.

With the dog sitting correctly beside you, give the stay cue word & hand signal then slowly step forward with your right foot & pivot to stand directly in front of & facing your dog.

Your toes should be only a few millimetres in front of your dog's paws.

After the ten seconds pivot back to the heel position beside your dog, wait a couple of seconds, then give your special 'release word'. PRAISE liberally & reward with a few treats.



Your dog should be doing a reliable 'sit/stay' for at least one whole minute with you standing directly in front of them before you begin increasing the distance that you move away from them.

Increase the distance by one step at a time until you are at the end of a long lead.

Be patient but firm. If your dog moves out of position at any time go calmly back to them, reposition them if necessary & repeat the whole exercise but this time stay closer to the dog until you re-establish their stability.

Be sure that your dog is staying reliably for at least one whole minute with each step you take away from them. In other words increase the time & distance very slowly. Don't be tempted to increase the distance until they are completely stable for the full minute.

The 'stay' exercise is exactly the same for the 'down' & 'stand' positions.

The most important thing is to progress slowly - don't end up teaching your dog they can move out of the 'stay' position once you are one, three or ten steps away!!!

Use the same 'release' word for all stay exercises & remember to always wait a few seconds after you return to your dog before you give the 'release' cue.



**Always give lots of PRAISE & treats when your dog completes the exercise well.**

### Stand for examination exercise

There are many reasons why we want our dogs to stand, sit or lie still whilst someone checks them over - at the vet, if lost & someone needs to read their ID tag, in obedience trials when the judge examines the dog as part of the exercise, if they are injured & we need to dress a wound or they have a tick which needs to be removed, etc.

The 'stay' cue is used in every case in combination with a sit, stand or down cue word.

When teaching a dog to stand for examination we start by having the dog on a sit/stay beside us. The handler then gently & briefly runs their hands over their own dog, reassuring the dog & giving praise when the dog remains still.

The next step is to have another person do the examination. They must approach from the side, never directly from the front. They gently touch the top of the head & stroke softly down the shoulders & back. The handler praises & rewards throughout the procedure.

Once the dog is completely comfortable with a stranger approaching & touching them whilst they are sitting beside their handler, it is time for the handler to stand directly in front of their dog whilst the 'stranger' again approaches & repeats the soft touching of head, shoulders & back. The handler then returns to the dog's side & releases the dog.

Over weeks, the distance away from the dog & the duration of the stay can be increased. Also the dog will start to learn to do

the exercise in the stand position (rather than a sit). If at any time, the dog shows signs of discomfort or instability, go back to standing much closer & make the examination shorter & softer. Praise & reward the slightest show of relaxation & stability.

You & your dog will start to learn this exercise once you reach Advanced Puppy or Advanced First Class.



# 16<sup>th</sup> NSW Obedience Interclub Challenge 2010

Saturday, 24<sup>th</sup> July – Blacktown Kennel & Training Club

This year we fielded two teams in the Interclub Challenge which was inaugurated sixteen years ago by master trialler Gary Somerville of the Manly Club. His idea was triallers from the various clubs would have a fun day at which could get to know each other whilst working their dogs in a competition which relied on team spirit. Gary, who passed away last year – well into his 80's, would have been well pleased to see his vision working wonders on Saturday as triallers cheered each other on irrespective of their team.

## Our Teams

### UTTERLY PAWSOME

CCD Karin Bridge & Gracie  
CD Tricia Nicola & Pandora  
OPEN Judy Perrin & Fernie,  
Pat Walsh & Tianah  
UD Bron Maurer & Marli

### MUTTLEY'S CREW

CCD Janene Branc & Zircon  
CD Robyn Dive & Isis  
OPEN Sharon Househam & Tully  
Ngaire Chant & Bobby  
UD Judy Perrin & Fernie

Reserves: Marcelle Fitzgerald & Gabby, Maggie Young & Toby, Jenny Scamps & Charlie

Steward: Pam Rushworth

Photographer: Ngaire Chant



We started with distinction, with Tricia Nicola gaining 181 points for her team in CD. Our other club dogs, not wishing to outscore the sweet little 'Pandora', valiantly engineered at least one mistake in their trials. Good scores were gained with several of us only stumbling on one or two exercises and we followed those with some pretty innovative bomb 'outs'. WE do know that our dogs understand SOME of the rules despite their 'variations on a theme'.





We really came into our own true talent in the 'Team Naming' competition.

As in previous years we outstripped the lot of them with both 'Utterly Pawsome' & 'Muttley's Crew' being awarded the coveted bottles of wine for 1<sup>st</sup> Place!!!!

(Maybe next year we will put a little more effort into our Obedience training!!!)



When the Judges became stressed & exhausted they were given a break for lunch. This is where, possibly, the winning of two bottles of wine to add to the bottle each team was given 'just for coming' brought us a little unstuck. Walking straight in the ring, for those who normally do, became a challenge but - for those who cannot walk straight in the ring, it brought enormous benefits! The spread provided by our club members has given rise to a sharp increase in numbers joining 'Jenny Craig' today but we enjoyed it thoroughly.

Afternoon tea was provided during the presentation by the host club which is, this year, celebrating 50 years of Dog Training.

A great day, great team all of whom were just fun to be with. The dogs were all happy to be working on a really pleasant sunny day.

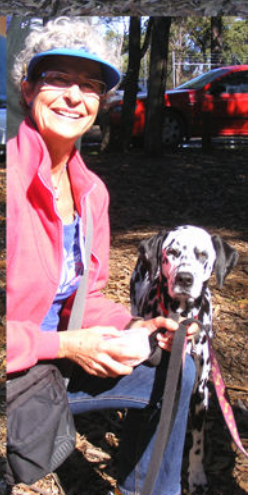
We did elect our Captain for next year – unanimously – but will await her decision with baited breath before announcing to the paparazzi as a "no thank you" is not an option!!

Our thanks go to:

- the host club – Blacktown – for putting on a great day
- the Judges for giving up the day to laugh at us –oops, sorry, to laugh WITH us.

Our congratulations go to the Blacktown Club on winning the Challenge yet again & accepting the much sought-after opportunity to host it again next year!!!!

Judy











**A few of our unsung,  
very hard working team**





# Trial Results

Obedience & Agility triallers - please enter your results in the Trial Results folder in the Club office for results to appear in Yaps & Yelps.

## Agility

AD = Agility Dog JD = Jumping Dog SD = Snooker Dog GD = Gamblers Dog SPD = Strategic Pairs  
O=Open X= Excellent M=Masters are added to the above as more advanced titles are gained

Owner & Dog	Date	Event	Result
Wendy Johnston & Quix	5.6.10	Newcastle Dog Training Club Inc Coffs	ADX - Qual & <b>Title</b>
	18.7.10	Harbour DTC	ADM - Qual
	24.7.10	Port Stephens Obedience Canine Club	GD - Qual
	24.7.10	Port Stephens Obedience Canine Club	JDX - Qual & <b>Title</b>
	25.7.10	Port Stephens Obedience Canine Club	JDX - Qual
Barbara Langley & Penny	15.5.10	Port Macquarie	ADX - Qual & 1st
	3.7.10	Manly DTC	JDX - Qual
	10.7.10	Agility Dog Club	SP - Qual
	10.7.10	Agility Dog Club	JDX - Qual
	24.7.10	Port Stephens Obedience Canine Club	GD - Qual
	24.7.10	Port Stephens Obedience Canine Club	JDX - Qual 3rd
Keith Langley & Roxy	25.7.10	Port Stephens Obedience Canine Club	JDX - Qual 1st
	3.7.10	Manly DTC	JDX - Qual
	24.7.10	Port Stephens Obedience Canine Club	GD - Qual
	10.7.10	Agility Dog Club	SP - Qual
	10.7.10	Agility Dog Club	JDX - Qual
John Jonker & Racey Anna Uther & Tilly Anna Uther & Keshi	3.7.10	Manly DTC	JDM - Qual
	10.7.10	Agility Dog Club	ADM - Qual
	10.7.10	Agility Dog Club	SP - Qual
	1.8.10	NSDTC	JDO - Qual
	1.8.10	NSDTC	ADO - Qual
Tricia Nicola & Mindi	12.6.10	ACT Canine Assn	ADO - Qual
	13.6.10	ACT Canine Assn	ADO - Qual
	13.6.10	ACT Canine Assn	ADO - Qual
	13.6.10	ACT Canine Assn	GDX - Qual
	27.6.10	Central Coast	JDM - Qual
	10.7.10	Agility Dog Club	SP - Qual 2nd
Tricia Nicola & Pandora	11.7.10	Deer Bush DTC	ADM - Qual
	25.7.10	Port Stephens DTC	JDM - Qual
	13.6.10	ACT Canine Assn	SP - Qual & <b>Title</b>
	25.7.10	Port Stephens DT	JDM - Qual
Bruce Cameron & Olly	1.8.10	NSDTC	AD - Qual

## Relationships that last Thanks to Sharon Househam for this gem!

If you want someone who will eat whatever you put in front of him & never say it's not quite as good as his mother's ..... then adopt a dog

If you want someone always willing to go out, at any hour, for as long & wherever you want ..... then adopt a dog

If you want someone who will never touch the remote, doesn't care about football & can sit next to you as you watch romantic movies ..... then adopt a dog

If you want someone who is content to get on your bed just to warm your feet & whom you can push off if he snores ..... then adopt a dog

If you want someone who never criticises what you do, doesn't care if you are pretty or ugly, fat or thin, young or old, who acts as if every word you say is especially worthy of listening to & loves you unconditionally, perpetually ..... then adopt a dog

BUT, on the other hand, if you want someone who will never come when you call, ignores you totally when you come home, leaves hair all over the place, walks all over you, runs around all night & only comes home to eat & sleep & acts as if your entire existence is solely to ensure his happiness ..... then adopt a cat!

## A Healthy Dog is a Happy Dog

## Caring for Dogs with Chronic Disease or Disability

Dr Angus Ross from Ku-ring-gai Veterinary Hospital says 'Degenerative joint disease (DJD) is one of the most common diseases that face our geriatric dogs. It is a progressive & destructive process affecting weight-bearing joints. The aim of treating DJD is to relieve pain & delay the onset or progression of the disease. Weight loss, home nursing & care as well as environmental considerations are necessary. Medical therapy, in the form of steroidal (cortisone) & non-steroidal preparations provides pain relief & a reduction in the inflammation. Cartilage protecting & stimulating agents, such as poly-sulphated glycosaminoglycans can actually assist in repairing the damaged & eroded cartilage.'

The cold & damp of winter increases the pain, stiffness & discomfort of arthritis. It affects our dogs just as much as it affects us.

DJD & arthritic damage more commonly affect older dogs, but young dogs can suffer too if they have had serious injuries affecting their limbs or spines.

At the first signs of pain or stiffness it is strongly recommended that you see your vet. As Dr Ross has indicated there are many modalities that vets can use to help your dog.

Other options are:

**A range of veterinary & natural therapies.** It is wise to discuss the use of these with your vet or naturopath before commencing any of them as some natural remedies can interact adversely with regular veterinary treatments.

**Physiotherapy.** There are qualified Physiotherapists who have completed a Masters Degree in Animal Physiotherapy. Physiotherapy is used to reduce pain & inflammation, increase strength & muscle length, increase joint range of motion, re-educate walking & for long-term maintenance

Owners play an important role in their dog's physiotherapy regime, as each canine patient receives a customised home-exercise program. It is vital that owners continue the prescribed physiotherapy exercises in their treatment plan on a daily basis at home.

**Hydrotherapy.** Some animal physiotherapists also offer this. Swimming encourages limb use, an increase in joint range of motion & allows exercise in a weightless environment.

**Acupuncture** is best administered by vets, specially trained in this alternative approach.

**At home.** Owners can help by:

- Placing ramps over stairs
- Using a portable ramp or a halfway step for access in & out of cars
- Positioning small steps or a ramp up to your dog's favourite bed or couch to prevent it from jumping on & off
- Using non-slip mats or carpet runners on slippery floor surfaces
- Elevating food & water bowls to prevent excess pressure on sore elbows & backs
- Fencing off access to stairs (if necessary)
- Providing a supportive bed & if appropriate using a heat pad under the bedding
- Using hot packs on stiff or sore joints. Make sure the temperature is **only warm not hot**
- Providing soft coats or jumpers for fine coated dogs in winter
- Continuing to exercise your dog - but ..... limit chasing, twisting, jumping & long walks.

## *Cycas revoluta* Common Name: Sago Palm



**Description:** Normally a low-growing cycad, it can develop a trunk about 200 mm across & up to 6 m high in very old plants.

It has feather like leaves. The leaflets are very dark glossy green, stiff & pointed. The female inflorescence is feather like, later forming a tightly packed seed head, closely covered by whitish miniature leaves. The male cone is pineapple shaped. Seeds are brownish-red, the shape of a flattened marble, about 30mm across.

It is very decorative & commonly found in gardens on the east coast of Australia.

**The Sago Palm is highly toxic for dogs & children if they eat any parts of the plant.**

The toxins poison the liver & eventually cause major gastro-intestinal tract bleeding.

Bella, a beautiful 2 year old Bernese Mountain Dog, recently died after eating a number of new leaves.



A female 'flower'



A male cone



*C. revoluta* with a lovely new flush of leaves



*C. revoluta* with several 'pups' around the base

Other common plants that are poisonous for dogs are bracken, monkshood, oleander, all bulbs, azalea, lily of the valley, rhubarb, tomato (stems & leaves), macadamia nuts, aloe & foxglove. Jasmine & wandering jew cause severe skin allergy in most dogs. Treat all fungi (mushrooms & toadstools) as dangerous for dogs.



# To: GOD From: The DOG

***Dear God:*** Is it on purpose our names are the same, only reversed?



*Dear God:*  
Why do humans smell the flowers, but seldom, if ever, smell each other?



*Dear God:*  
The cat is not a 'squeaky toy' so when I play with him & he makes that noise, it's usually not a good thing!



*Dear God:*  
Why are there cars named after the jaguar, the cougar, the mustang, the colt, the stingray & the rabbit, but not ONE named for a dog? How often do you see a cougar riding around? We do love a nice ride! Would it be so hard to rename the 'Chrysler Eagle' the 'Chrysler Beagle'?



*Dear God:*  
More meatballs, less spaghetti, please.

*Dear God:*  
We dogs can understand human verbal instructions, hand signals, whistles, horns, clickers, beepers, scent ID's, electromagnetic energy fields & Frisbee flight paths. What do humans understand?



*Dear God:*  
When we get to heaven, can we lie on your couch? Or is it still the same old story?



*Dear God:*  
If a dog barks his head off in the forest & no human hears him, is he still a bad dog?



# All you'll need to know

- New Members - Enrolment by 2.15 pm please.
- All dogs must be **FULLY IMMUNISED** (Veterinary Certificate required plus 2 weeks from date of last vaccination). Please read NSDTC Vaccination Policy opposite.
- Junior Members are 12 to 15 years of age.
- Training equipment (leads, training collars, etc) can be purchased at the Clubhouse.

**MEMBERSHIP FEES:** for full financial year - 1 July to 30 June

- Single \$40 (\$20 joining fee & \$20 annual subscription)
- Junior Members \$30 (\$10 joining fee & \$20 annual subscription)
- Pensioners & other bona fide concessions \$30 (\$10 joining fee & \$20 annual subscription)
- Dual/Family Membership \$50 (\$30 joining fee & \$20 annual subscription)
- Those joining 1 January to 31 May receive a \$10 reduction in membership fee

**ANNUAL SUBSCRIPTION FEES** are due by 30 June each year.

**GROUND FEES:** \$4 per dog for all members per morning or afternoon session  
Juniors & Pensioners pay \$2.

**YAPS & YELPS:** The Club journal is available at the enrolment table.  
Yaps & Yelps can also be viewed on our website [www.nsdogtraining.com.au](http://www.nsdogtraining.com.au)  
Articles for Yaps & Yelps are welcomed & may be left at the table or emailed to The Editor, Ginny Legh at [ginny.l@tpg.com.au](mailto:ginny.l@tpg.com.au)

**TRAINING** is held in the Dog Rings, St Ives Showground  
every Saturday, February - November inclusive. NB. No training on Public Holidays

**OBEDIENCE:**

Saturdays 3.00 - 4.00pm Adv Puppies, First, Adv First, Second & Third classes  
Every second Saturday Classes start for New Members & New Puppies

Saturdays 1.30 - 2.30pm Fourth (CCD & CD) & Fifth (CDX) Classes

Saturdays 12.30 - 1.30pm Sixth (UD) Class

Wednesday 7.30 - 8.30pm Training for Instructors only

**AGILITY:** Beginners First Saturday of the month  
All levels Saturdays 9.30 - 12 noon  
Night Agility Mondays **Adv level** only 7.00 - 9.30pm

**FLYBALL:** All levels Alternate Saturdays 2.15 - 2.45pm

**NB. Agility**  
New memberships  
**can only be  
accepted on  
Saturday  
afternoons**

Dogs must be at least **1 year old & in Third Class or above** to start Agility or Flyball

## NSDTC Inc VACCINATION POLICY

- We require a **minimum C3** (distemper, hepatitis, parvovirus) vaccination after the age of 12 weeks for all puppies **less** than 12 months old.
- All dogs joining or renewing that are 12 months to 3 years of age must have had at least a C3 vaccination in the preceding 12 months.
- Dogs joining or renewing over the age of 3 years who have not had a C3 vaccination in the preceding 12 months must be referred to the Club Veterinary Officer or nominee with their most recent vaccination certificate or letter of exemption from their vet.
- As Bordetella and Parainfluenza are not **normally** life threatening to healthy dogs, these vaccinations are optional but **recommended** and owners are reminded that these will be required if the dog is to be boarded in kennels.
- Vaccination certificates **must be signed** by a registered veterinary surgeon.
- Homeopathic 'vaccinations' will not be accepted.

**PLEASE NOTE: A delay of two weeks after the final puppy vaccination is required before puppies are permitted to join classes.**

## PARKING

- Parking for Club Members who are **not** instructing or doing other club related duties is to the **LEFT** of the road as you enter the showground.
  - The parking area on the right, nearer the Clubhouse, is for "on duty" Club Members who need to leave their dogs, carry equipment, etc.
- Thank you.

## CLUB & GROUND RULES

Please adhere to the following rules. They are for the benefit of all members & the general public who use St Ives Showground.

- All dogs must be on lead during club training times (except when off lead work is directed by an instructor during class).
- Dog droppings must be cleaned up & placed in a bin. (Always carry extra plastic bags!).
- Each week pay your \$4.00 ground fee at the Clubhouse & collect your ticket.
- Always wear your name tag.
- The dog rings are a leash free area EXCEPT on Saturdays.
- The main oval may be used for leash free exercise, so long as no other organised event is taking place.

## **PATRONS**

The Mayor of Ku-ring-gai - Cr Ian Cross  
Mr Stoyan Rogleff  
Dr Angus Ross Dr Michael Eaton Dr Chris Boulton

## **COMMITTEE OF MANAGEMENT**

### **OFFICE BEARERS**

President:	Sandra Fry	9416 6080
Club Secretary:	Gael Goldsack	94873656
	(Postal Address - PO Box 426 Turramurra 2074)	
Treasurer:	Ida Luke	9419 8923 Fax 9419 6791
Vice Presidents:	Di Hollett	9984 8488 (Finance)
	Eve Park	9449 1941 (Admin)
Chief Instructors:	Judy Perrin	9449 7388 (Obedience)
	Cyril Hart	4376 1257 (Agility)

### **COMMITTEE MEMBERS**

Clubhouse Coordinator:	Bronwyn Maurer
Council & Showground Liaison Officer:	Barbara Rogleff
Membership Secretary:	Pam Rushworth
Newsletter Editor:	Ginny Legh
Obedience Demonstration Coordinator:	Vickie Dean
Publicity Officer & Web Coordinator:	Nicholas Gray
Training Equipment Officer:	Kay Luke
Training & Trial Equipment Officer:	Andy Seitz
Asst Treasurer (& Asst Equipment Officer):	Barbara Gurney

### **Trial Sub Committee (Obedience)**

Trial Manager:	Andy Seitz
Trial Secretary:	Jenny Scamps
Chief Steward:	Gael Goldsack
Trophy Officer:	Denise Wigney

### **Trial Sub Committee (Agility)**

Trial Manager:	Andy Seitz
Trial Secretary:	Tsui Hui
Chief Steward:	Phil Palangas
Trophy Officer:	Maggie Young

Catering Officers: Kay Luke & Kay Hogan

**Joining Enquiries: Sandra Fry 9416 6080**

Clubhouse telephone number:  
**9440 2047(Saturdays only)**

Please note this telephone has no message recording facility.  
It will only be answered during training times  
&/or  
if the ring tone is heard by someone in the Clubhouse.

# NSDTC DOGGY DIARY DATES



## August to October 2010

Saturday 7 Aug	Flyball Training 2.15-2.45pm <b>BYO BBQ 5pm</b> <b>Instructors Meeting 4pm</b>
Saturday 14 Aug	New Members
Saturday 21 Aug	Flyball Training 2.15-2.45pm
Wednesday 25 Aug	Talk on <b>'The Canine Athlete'</b> by Dr Penny Mead 7.30pm
Saturday 28 Aug	New Members <b>Annual General Meeting 4pm</b>
Saturday 4 Sept	Flyball Training 2.15- 2.45pm <b>BYO BBQ 5pm</b>
Saturday 11 Sept	New Members
Wednesday 13 Sept	Talk on <b>'Special Needs Dogs'</b> by Dr Jacqui Ley 7.30pm
Saturday 18 Sept	Flyball 2.15-2.45pm
Wednesday 22 Sept	<b>Committee Meeting 7.30pm</b>
Saturday 25 Sept	New Members <b>Instructors' Meeting 4pm</b>
Saturday 2 Oct	<b>No training - long weekend</b>
Saturday 9 Oct	Flyball Training 2.15- 2.45pm
Saturday 16 Oct	New Members
Saturday 23 Oct	Flyball 2.15-2.45pm <b>General Meeting 4 pm</b>
Saturday 30 Oct	New Members



**The minutes of all General Meetings are available to all members  
They can be viewed on the noticeboard in the Club House**