# Yaps & Yelps

# Journal of Northern Suburbs Dog Training Club

#### JUNE / JULY 2017. NO 3





# Congratulations

to our NSDTC Obedience & Rally O Trial Winners



Sat 24th June NSDTC 50th Anniversary Celebration



NSDTC Agility Trial will be held on Sun 6th August.



General Meeting Sat 17th June at 4pm. All members are welcome.

# **Welcome New Members**

#### 18 March 2017:

- · Corinne and Charles Butler with Reggie
- Simon and Barnaby Castle with Alby
- · Ali and Mahshad Parsenejad with Sniper
- · Michelle Radford with Saara
- Peter Squire with Bo
- Kate Sterrit with Holly
- · Emily Thompson with Shep



#### 1 April 2017:

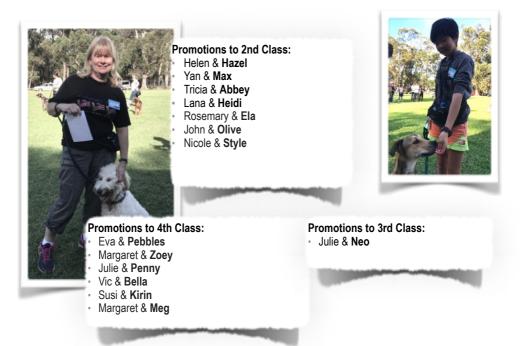
- Tiaan Bothma with Talu
- · John Czinner with Olive
- Robin Dent with Freya
- Doug, Anna and Luka Djordjevic with Keera
- Tania, Jessica and Mathew Fear with Cruz and Hugo
- · Marcella, Nick, Dom and Joe Grech with Aria
- · Jenny Jacobs with Scout
- · Andrew and Ruth Kelly with Bonnie
- Mike Kennedy and Jenny and Nicholas McDermott with Max
- Jen Lee with Baby Sapphire
- · Bianca, Tara and Rudy Mamigonian with Cookie
- Anne and Chris Nunns with Abby
- Kate Sommerville with Bowie
- Sophia West with Ripley
- Helena Wu and Trevor Crabbe with Hazel
- Susan and Holly Zdilar with Zeke

#### 22 April 2017:

- Nora and Hideo Abe with Miso
- lan and Lynne Acworth with Gimli
- Mark and Teague Burnicle with Sarge
- Anthony Cusack and Elisabeth Schindler with Heidi
- David, Ångus, Kylie and William Denton with Zara
- Claire De Souza with Archie
- · Neil Elleson with Sam
- Lizzie Hutton with Wilbur
- Sam Ibbott-Cordi with Jagger, Alice and Samba
- Diane Kurnarich with Piper
- Roslyn McAndrew with Jess
- Carlita and David Morgan with Tulip
- Nicholas and Kim Sandford with Pinot
- · Ruby and Errol Sebastian with Bella
- Jean-Marie and Emily Valancogne with Lady
- Karin Watson with Panda

- 6 May 2017:
- Scott Arnold with Roxy
- Claire Finnegan with Kai
- Virginia and Sam Johnstone with Scout
- Adam Kundrat and Aisha Tanaka with Paco
- Melissa Lowe with Gracie
- Ingrid and John Napier with Remy
- Brett and Katherine Nipper with Ernie and Dixie

# **Congratulations On Your Promotion**



# **Helpers Needed**

Some upcoming activities we need volunteers to help with. This might be yourself or another family member or friend who would like to come along and get involved.

Sun 6 July: NSDTC Agility Trial - we will need a team of helpers with jobs such as running competitor leads from the start to the finish of a ring, selling raffle tickets or helping on the BBQ. If you can help please put your name on the list in the clubhouse or contact me on nsdtc.editor@gmail.com

Sat 5 Aug: Nominations Close for Committee Roles - the AGM is just around the corner (Sat 26 Aug 4pm if you don't have it in your diary yet) and that means all roles on the Executive Team and Committee are open. Every job that makes this club run week to week needs to be filled. From our President and Chief Instructors through to putting together this newsletter and making sure there is milk and biscuits in the clubhouse. Many hands make light work so why not pitch in and help out. The Nomination Form for Committee Roles can be found in the New News section of the website or ask any of the Committee when you are up at the club training. New faces are always warmly welcomed.

# **President's Pen**

Welcome to all of the Club's New Members. We hope that you enjoy your time with the Club and achieve your goals with your fur buddy. You may find as training progresses that you may challenge yourself and your dog with trialling in Rally 'O", Obedience, Agility, Dances with Dogs or Gundog Retrieving. You may however just want a well trained canine friend that your can enjoy.

As with all members I encourage you to bring to our attention issues that may have occurred or that are troubling you regarding training so that we can act on them and make sure all of our members enjoy the club's experience. Remember if you have an issue look for the people wearing the green and white shirts that have "Instructor" written on them. We don't bite...promise..!!!! But if we do then we will wear a "yellow collar".

On that point if you do see a dog wearing a yellow collar please ensure that you give the handler and dog plenty of space both before and during class. Ask the handler about their dog so you will know if the dog is reactive to humans or other dogs. It is important to respect dogs of all temperaments and the yellow collar is a great way to help an owner let other people know that their dog may be reactive.

On the last Sunday of April, the Club held its annual Obedience and Rally O Trial at the Club's grounds. I would like to thank everyone from the Club and partners that volunteered to assist with the smooth running of the trial. As Stewards; helpers to set and pack up; gourmet cooks; BBQ "kings"; backroom tally staff; and the organisers that allowed our trial to be a success. Well done everyone!! Remember even though you may only be new to the Club you are always welcome to assist with our trials.

If you do have the time please try to attend our education talks that we are providing for you during the year. These are based on topics that you as responsible dog owners will benefit from greatly.

You may have noticed that the side veranda area of the Club has been extended with some new concreting. I would like to thank our Club's Treasurer, Phil Palangas, for his efforts in this.

We are now heading towards winter but that does not stop our training. "No cold, nor sleet nor snow", shall stop us from having fun with our dogs. So with that please continue to enjoy your training. See you Saturday.

Regards Kim Þowding President.



# **Editor's Note**

Welcome to the June/July issue of Yaps & Yelps. Thanks to all those that gave feedback about the new format. I'm glad you enjoyed the fresh look. Please keep the comments coming and please send through article ideas you have. If there is something you want to know regarding training, trailing or the health and wellbeing of your canine buddy please ask. We will do our best to reach out to the expertise we have within the club and the amazing and knowledgable friends and supporters of the club. A special thanks to all those contributors that are writing the articles that you read or sending through photographs. Please keep them coming.

l hope you enjoy this issue of Yaps & Yelps. Mel g Bodhί nsdtc.editor@gmail.com



# NSDTC 49<sup>th</sup> Annual Obedience & Rally Obedience Trial 20 April

The NSDTC Trial Sub Committee members were Kim Dowding (Trial Manager), Ginny Legh (Trial Secretary), Gael Goldsack (Chief Steward) & Denise Wigney (Trophy Officer).

Our sincere thanks to our very competent & popular judges, Anne Butler (CCD), Tracy Geary (CD), Maryanne Fazekas (CDX), Charlie Giles (CDX), Ritchie Butler (UD), Judith Walder (UDX), Tiki Freizer (Rally O Advanced & Excellent) & Dianne Hollett (Rally O Novice & Master) & Peter Coulthart, our Dogs NSW Representative.





W e

had **184** entries: • 97 in Obedience

87 in Rally Obedience.

or in rany obedience.

We were especially pleased to see higher numbers in the CCD, CD, Rally Novice & Rally Advanced A classes. This hopefully indicates there is growing interest among dog owners in training their dogs to levels where they can compete in both disciplines.

The majority of competitors entered both

Our congratulations to Leslie Rowling & Dannie, winners of the perpetual Smith Trophy for the Highest Scoring Club Member. Leslie & Dannie are currently competing in Obedience & Rally Obedience & working towards competing in Dances with Dogs & Agility.





Congratulations to Nad Nahas, who won our club's other perpetual trophies – the Jim & Miriam Powell Trophy (highest score in UD) & the Tartandale Bonnie Belle Trophy (highest score in UDX). Twenty three club members entered, many of them in both Obedience & Rally Obedience. At least 20 gualified.

Our club is well known for the team spirit so many members show each year. The Trial Sub Committee thanks all who gave so willingly of their time & energy.

For many, Sunday was a full on, 10 hour day! Club members helped with moving equipment to & from the rings, setting up the rings, providing breakfast for judges, BBQ food all day for competitors & morning tea for all the officials, luncheon for the judges & officials, made sure everything we could need was in the club house, manned the check-in table, stewarded in all rings, did all the behind the scenes admin duties leading up, on the day & afterwards, organised the trophy tables plus the payments & gifts for our judges & Rep & organised the raffles. And it was all done with a smile!

A special thank you from me to Gael Goldsack, Tracy Geary & Sharon Househam for their advice, expertise & assistance.

In all, another happy & successful day for NSDTC.

Ginny Legh, Trial Secretary





# Congratulations to the club members who gained 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place.

Community Companion Dog Companion Dog Excellent	1 <sup>st</sup> Stephen Yeomans & Cooper 2 <sup>nd</sup> Leslie Rowling & Dannie		
Rally Novice 1 <sup>st</sup> Virginia Pen	nefather & Quinn	Rally Exc B	1 <sup>st</sup> Alaina Graham & Sophi
2 <sup>nd</sup> Mary O'Dw	yer & Polly	-	2 <sup>nd</sup> Alaina Graham & Luci
3 <sup>rd</sup> Susi Rusli & Kirin		Rally Master	1 <sup>st</sup> Alaina Graham Luci
Rally Adv A 2 <sup>nd</sup> Robyn Dive & Mojo			2 <sup>nd</sup> Nicole Keller & Jet
3 <sup>rd</sup> Sue Hutchi	ns &Taylor		3 <sup>rd</sup> Gila Levy & Tessa
Rally Adv B 1st Alaina Grah	am & Šophi		



# Fun with our Dogs

There is a wide range of activities that we can do with our dogs apart from taking them for a walk or playing fetch with a ball. We are incredibly lucky at NSDTC to have a range of talented instructors across many dog sports. All activities NSDTC trains in have competitions available (known as "trials" in dog sports) but you are also welcome to come along and train with your dog for enjoyment.

Different activities do require you and your dog to achieve specific levels of Obedience through our 3pm classes. This is for the safety of you and your dog as most of the activities require your dog to work off lead but once you have achieved the pre-requisite Obedience level all the activities are included in your annual membership fee.

In upcoming issues Yaps & Yelps will give descriptions of what dog sports are available and how to get involved. If you have an interest in a particular activity ask your instructor or a committee member when you are at training and they will point you in the right direction. Information about the different activities and training times can also be found on the website nsdogtraining.org.au.



# **Congratulations** to our 1st ITA Graduates for 2017!



NSDTC conducts an Introduction to Agility (ITA) course for those interested in the dog sport of agility. The course has been developed by our experienced agility instructors to ensure handlers and their dogs have great fundamentals as they start their agility journey.

To train in agility dogs need to be at least 12 months old and have reached third class obedience at NSDTC. All breeds can learn and compete in agility.

Listen out at the 3pm notices and keep an eye out here in Yaps & Yelps for when the next ITA intake.

# What Dog Sport is That?

# Rally Obedience -

# A Great Way To Start Trialling



Rally O was developed in Canada and the 1<sup>st</sup> trials were conducted in Australia in 2012. Rally O is an interactive and motivational activity for handlers and dogs. Teams move through a series of stations containing Obedience exercises. Handlers are encouraged to praise their dog during training and in the trial ring. There are 4 levels with Novice starting on lead and then progressing through to the Master level with more complex exercises. Rally O is open to all dog breeds and is a great introduction to dog sports for those starting out.



Novice Rally O exercises are included in most of our 3pm classes. Specific Rally O training is held on Monday night from 7pm for those in 2nd Class and above. All breeds are welcome.

Monday night Rally sessions - winter break 3 July - 31 August. Training will recommences 4 September.

All you need is yourself, your dog, their lead and LOTS of yummy treats for them.... and of course your smile and sense of humour.



# **Education Talks**

# Coming Up....

# Let's Talk Dog Language

1st July 2017 4.15 PM (after class)

# Maxine Fernandez from Canine Kindergarten Narrabeen

Maxine will be joining us on 1<sup>st</sup> July for a talk at 4.15 after class to explain the importance of understanding the way in which dogs communicate with each other and with humans.

- · Learn to understand dog body language through observation
- · Understand, through observation, a dog's emotional state
- How to assess the best action to take to eliminate or manage stressful situations including the dog's personal space, dog training classes, new locations, training methods used etc.
- Understand different body postures

These points will lead into taking this knowledge on the road.

- We will learn about the importance of
- Dog body language and children your own and others who want to stroke your dog.
- · How to manage dog parks and when a dog is suited to dog park and when not
- · Out and about on leash, and helping prevent and manage leash reactivity.

**Register: Email** to Sally Stawman <u>frinton1@bigpond.com</u>, on the NSDTC Facebook page or the Registration Form in the clubhouse.

Maxine opened Canine Kindergarten daycare, training and grooming centre in 2009. The centre provides a fun, safe positive experience for the dogs that attend. The centre focuses on important foundation behaviours such as reinforcing calm behaviour and settle on a mat. Maxine has a special interest in preventing behaviour problems and reactive dogs. Maxine's qualifications include: Cert IV-Dog Behavioural Training-Delta Society Cert IV-Veterinary Nursing-TAFE Diploma in Surgical Nursing-Dip.CBST(Canine Behaviour Science and Technology)-CASI Institute KPA-Karen Pryor Professional Dog Trainer





# nsdogtraining.org.au

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NORTHERN SUBURBS DOG TRAINING CLUB INC.

# 50<sup>th</sup> Anniversary Celebration

Saturday 24<sup>th</sup> June 2017 from midday.

On the afternoon of Saturday 24th June 2017 we at Northern Suburbs Dog Training Club will be celebrating our 50th anniversary. You & your family are invited to come to our clubhouse at St Ives Showground to join in the fun.

From 12 noon there will be a sausage sizzle & demonstrations of all the disciplines we take part in - agility, obedience, rally obedience, gundog retrieving & dancing with dogs.

Afternoon tea with an anniversary cake will be served at 4pm.There will also be a special cake for dogs.

RSVP 17/6/17 to Gael Goldsack goldsack@ozemail.com.au 9487-3656. Between 10 am & 10 pm please.

# **Clubhouse Life**

# Northern Suburbs Dog Training Club - The First 10 Years

Our name wasn't always Northern Suburbs Dog Training Club; in fact the first name used was the Ku-ring-gai Dog Training School (KDTS).

The Club was born out of a friendly chat on the training of dogs between John Whitty and Jim Powell over a quiet drink in June 1967. The training of dogs was always their favourite topic of conversation; sometimes very detailed and lively, but never dull. The discussion was on the subject of the various methods used by the different Clubs, then one said: "Well, if I had anything to do with it, I would do........" And so the Club began.



It would take almost another year before the "premier obedience club" started to train handlers to train their dogs. John and Jim wanted the best and nothing less would do. They marched into Ku-ring-gai Council Chambers and announced that they "wanted a training ground where we can teach people to train their dogs." They were fortunate that both the Deputy Town Clark and the Superintendent of Parks approved of their interest and offered them a choice of three grounds. They chose the Club's first home ground, Claude Cameron Grove, as it is now called, on the corner of Kintore St and Westbrook Avenue at Wahroonga. The Council was so keen to support the Club that they issued a press release to the local newspapers.

The inaugural meeting of the KDTS was held on 28<sup>th</sup> June 1968 at St Ives Village Hall with 14 people in attendance. By this date the Club had been in operation for some months and had held a successful picnic day with over 100 people present. At this meeting the KDTS was formerly founded with John Whitty as President and Jim Powell as Chief Instructor and funds of \$100 in the bank. Other elected members were a Vice President, Honorary Secretary, Honorary Treasurer, Publicity Officer and 3 Committee members.

A month later a draft constitution had been prepared and affiliation with the RASKC (now Dogs NSW) sought. On the training grounds, things were moving along with 2 people rostered on the registration table to enrol new members and collect ground fees. There were 3 instructors teaching the first session (4<sup>th</sup> (novice), 5th (open) and 6<sup>th</sup> (UD) classes) and 4 or 5 instructors teaching in the second session (first to third classes). KDTS had more instructors that any other Club in NSW and the only Club to hold regular UD classes.

In October that year, Jim Powell reported to a meeting that the Ku-ring-gai Kennel Club had objected to the similarity of the name, so our name was changed by popular vote to Northern Suburbs Dog Training Club. It was suggested a Handbook on Dog Obedience be complied and distributed to all members and a name decided for the Club's monthly newsletter. The name chosen was "Yaps and Yelps"; the name that remains to this day. By now the Club had 140 members and \$261 in the bank.

By March the following year the Club was growing strongly. Dr Harry Spira was elected the first Patron of the Club and the membership had grown to 170 financial members. An instructors' course was proposed by the Chief Instructor, Jim Powell, and the Club's constitution amended. The application for affiliation with RASKC was accepted in June 1969 with 187 financial members and \$415 in the bank. An annual ground hire of \$26 was paid to Ku-ring-gai Council.

At the end of 1969 a proposal for the Club's first obedience trial had been accepted and an application for a date lodged. A design competition for the Club badge had been announced and the Mayor of Ku-ring-gai been appointed as Patron.



The first Instructors' course was held and in February of 1970 the new instructors, including a 14-year Barbara Rogleff were presented with their badges. Barbara is still a current member and Instructor as well as past president of the Club.

The announcement was made in July 1970 that NSDTC had been officially granted the date of the 17<sup>th</sup> Sunday of 1971 for their first obedience trial which was to be held in the grounds of Rydalmere Hospital as the preferred venue, St Ives Showground, was unavailable as this date coincided with planned Anzac Day celebrations. Catering quotes were sought and it was decided that the lunch to be served at the trial would consist of Kentucky Fried Chicken with salads provided by the ladies on the Club's committee – how things have changed!

By the end of 1970 the Club had elected Stoyan Rogleff (Patron of the Club for over 30 years and sponsor of the Junior Member of the Year Trophy) as Treasurer - a responsible job with now over \$1,000 in the bank, had set the joining fee at \$2 and the ground fees at 20c (10c for juniors) and had accepted the design by Carol Maciver for the new Club badge.

The Club's first trial in 1971 was a great success, with an Australasian record entry of 153, but unfortunately a loss for the day of \$585 was recorded.

Three new instructors were trained during 1971, the committee was increased to 10 members and there were 11 dogs in the UD class!

During 1972 the funds increased steadily to over \$1200, an all-risks Insurance Policy with a public liability of \$100,000 was bought for \$25 and a hamper raffle held at Christmas in aid of trial expenses. Miriam Powell became the Deputy Chief Instructor.

From early 1973, puppies from 6 months of age were accepted for training. By mid year 5 new instructors were added, the membership had increased to 343 (including 93 junior members) with over 100 members attending training on a fine Saturday. There were 4 in the UD class, 6 in Open and 16 preparing for Novice. Miriam Powell became Chief Instructor, a position she was to maintain for several years, while Jim Powell took over the presidency. The year concluded with over \$2,000 in the bank and a history of the Club proposed, though never written.

In 1974, Barbara Rogleff was appointed Assistant to the Chief Instructor, an Assistant Secretary was added and the membership and joining fees were raised to \$5 each.

Jim and Miriam Powell were elected the Club's first Life Members in 1974 and the first Advanced Instructors' Course proposed.

The following year the auditor was paid for his services with a bottle of whiskey.

The year 1976 saw quite a few changes with the introduction of promotion certificates, Council approval was obtained for the building of a pavilion/amenities block on the training grounds (which as finally completed over a year later), Stoyan Rogleff was elected to the Presidency of the Club, with Jim Powell as Vice President and we had a growing bank balance of \$5,000

At the AGM in August 1977 the following were elected: President, 2 Vice Presidents, Secretary, Treasurer, Chief Instructor, Publicity Officer and a Committee of 13. There were also 5 sub-committees put in place; Finance (5 members), Training (6 members), Trial (10 members) Public Relations (3 members) and Social (9 members). It was also announced that Marge Jackson had passed her obedience Judge's exam.

During the 10<sup>th</sup> birthday year of NSDTC, a celebration function was held at Belrose Bowling Club; the Club's Eighth Annual Obedience Trial, held at Rydalmere, drew 192 entries competing in 11 rings; a Demonstration Team was entered in the Mass Obedience at the Sydney Royal Easter Show; the finances were in good shape with over \$5,500 in the bank and the Pavilion (which looked a bit like a glorified bus shelter with toilets and 2 small store rooms) completed and occupied. The Club had purchased some equipment (jumps, a PA system, table, ring ropes and stakes etc) of its own, sold training equipment on the grounds and was generally flourishing as Sydney's top obedience club. Jim Powell's dream was now a reality.

#### Gael Goldsack, Club Secretary

Thanks to Barbara Rogleff for providing the photos.



# The Development of Positive Motivational Training

"Food is not the issue - it's about which game you choose to play" "What are commonly and incorrectly referred to as 'food trainers' are more appropriately called positive motivational trainers. These are trainers who follow the philosophy that dogs will work better if they are rewarded for doing the behaviours we want, rather than having an aversive of some type applied if they get a behaviour wrong. A large variety of rewards are used including food, play and praise. Traditionally, dogs have been trained by correcting 'wrong' behaviour via a check chain or similar and praising the dog if they get it right. These trainers are referred to by several terms such as 'traditional ', 'jerk and pull', 'aversive' or simply 'check chain' trainers."

Above is the introduction to an article I wrote for The Canine Journal (Official Publication of the Royal N.S.W. Canine Council Ltd.) in January 2002. At the time the use of choke chains verses the use of food and other rewards was being hotly debated. Although the debate continues to some extent today the use of positive reinforcement training has become the preferred choice of many trainers and endorsed by major organisations such as The Pet Professional Guild, The American and Australian Association of Pet Dog Trainers and the American Veterinary Society of Animal Behaviour. Below is a brief history of how this small revolution evolved even in our own backyard.

Dog obedience clubs grew popular after the Second World War under the auspices of the Australian National Kennel Club. They were developed to provide instruction and competition in obedience trials - a sport for handlers with purebred dogs (*crossbreds were not able to compete for many years and then only with limitations*) to demonstrate the dogs' obedience and usefulness as a "companion" animal. Formal obedience developed largely from the older sport of gun dogs trials - where dogs had to heel by your side as you carried your gun to the shooting line, wait to be released, retrieve game and return obediently to your side. Directed jumping, send away, seek back and other exercises can all find their origins in gundog work. Curriculums at dog training clubs were very much skewed toward accomplishing the goals prescribed in these obedience tests and not much else. Pet owners not interested in competition benefited from learning the fundamentals such as 'sit', 'stay' and 'come', but were not the focus of the clubs and rarely received the more general training and behavioural advice that they do today.

When I started training dogs in the early 1980's the first thing you were expected to buy was a choke chain. Didn't matter if you were training a Papillion or a Bull Mastiff the choke or more euphemistically 'check' chain was the educational tool of choice. In either case the chain was used by applying pressure to the dog's neck when the dog moved out of the prescribed 'heel' area. 'Choke' or 'check' was a matter of degree. Ideally a short sharp check would stop the dog from forging ahead and the chain would loosen – effectively rewarding the dog for staying close. However a constant pressure was capable of choking a dog – even more so if the owner had failed to observe rule no # 1 – don't put the check chain on upside down! The check could also be used as a signal for sit, as a correction for sniffing and just about anything else you didn't want the dog to do. **The focus was on punishing the behaviours you didn't want**.

From the 1940's however, a slow revolution in animal training had begun. Animal trainers such as Bob Bailey and later Karen Pryor were taking the ideas and work of B. F. Skinner (father of Learning Theory and Operant Conditioning) into the field with great success. Bob trained a huge variety of animals to perform in animal shows across America and for the US government while Karen was the first to train dolphins at Sea Life Park in Hawaii. Karen had herself trained a dog in obedience trials but when faced with a pool of wild dolphins, knew a check chain was not going to be the answer! Skinner's work, undertaken in controlled laboratory settings showed that by controlling consequences you can train a behaviour to increase or decrease. Best results were achieved by focusing on increasing right responses through rewards as the animals not only learned desired behaviours but were highly motivated to do so. Thus 'positive motivational training' was born.

Many animal lovers couldn't help but be impressed watching the performances of positively trained animals such as dolphins, seals and birds in free flight shows. They began to ask "if you can train a killer whale without physical force, do we still need a check chain for our dogs? Is there a better way?" By the 1990's two camps were beginning to emerge the traditional trainers who had had success with the use of choke chains and saw no need for change and those who were keen to try the new more motivational methods based on Skinners Learning Theory. Many said that dogs were unique, that they had a "desire to please" and that this justified the 'jerk and pull' methods. They scoffed at "food trainers" for spoiling their dogs. The positive camp, agreed the dog/human relationship was unique but didn't that make the use of aversives even more unnecessary?

By 1995 there were enough Sydney trainers interested in positive motivational training for the NSW Animal Welfare League and People Pet Partnership (a group of forward thinking ex-club trainers keen to promote positive training techniques and the human/animal bond) to bring out American trainer Terry Ryan to teach and accredit trainers in positive training techniques. The following year, nearly 50 trainers graduated including nine from NSDTC. This group was to become the catalyst for enormous strides toward adopting positive training techniques in NSW including the development of the Canine Good Citizen Programme, the Delta Society, the Australian Association of Pet Dog Trainers and later, the Pet Professional Guild.

So the next time you grab a few "cookies" for a training session with your dog remember it wasn't always so. Early positive trainers had to work hard to gain a general acceptance for positive methods. New dog sports such as agility, flyball and dog dancing certainly played a part as it is hard to imagine how the drive and motivation for these sports could be achieved using aversive techniques. Proponents of these sports both here and overseas have honed positive skills such as targeting and the placement and timing of rewards to new refined levels. Happily many of our best obedience triallers have also embraced positive training creating exciting partnerships with obvious joy in their work. The use of food, toys and play are now commonplace in all these disciplines making training fun and effective for handlers and dogs alike.

#### Karin Bridge

Bob Bailey is considered perhaps the most significant animal trainer of the twentieth century. His contributions are too great to list here but there are volumes of information available on the net.

Karen Pryor wrote "Don't shoot the dog" – amongst many other books – a classic text on positive training principles for all animals including humans. She went on to develop and popularize 'clicker training'.

Books by both Bob Bailey and Karen Pryor are also available in our club library. Ask Virginia (Sat am), Penny (Sat pm) or Eve (Sat pm) for assistance in borrowing from the library. You will find the library located within the clubhouse.

# A Cuppa in the Clubhouse with...

Anytime there has been a discussion about the NSDTC 50th Anniversary celebration the name Barbara Rogleff seems to be mention. Barbara's name seems to be synonymous with Northern Suburbs Dog Training Club and it doesn't take too much investigation to understand why. Not only is Barbara the longest current club member but Barbara has also played pivotal roles during the club's history to help make the club the success it is today. Barbara has been kind enough to share a Cuppa in the Clubhouse with me so we can all find out a bit more about this amazing club member.



As the longest current club member let's start off with how old were you when you joined the club and why did you join a local dog training club?

As a child I was always helping neighbours with their dogs, playing with them, grooming them and taking them for walks. Eventually a lovely couple who bred Labradors offered to give me a puppy if that was OK with my parents. They relented and I took home 8 week old Hudson. Mum was going to do some training while I was at school with the help of Vi Clark, an obedience trainer and trialler who had bought one of Hudson's litter mates. When this proved too much for Mum, Vi suggested I train the dog and join a new club, which had recently been established by her good friends, Jim & Miriam Powell, together with John Whitty.

I joined Ku-ring-gai Dog Training Club in March 1968 at the age of 12, and with Jim and Miriam's help quickly progressed through the classes. (Later, when registering the Club, its name was changed to Northern Suburbs as there already was a Kuring-gai Kennel Club who ran dog shows and it was thought this may cause confusion.)

I started to enter Obedience Trials, to which Dad would drive me and later Gundog Obedience and Gundog Trials. In those days some Obedience Trials ran "slalom" events during the lunch break, which were a little like Rally-O today.

I also participated in Junior Handler and Showman Classes, as I also showed my dog in conformation. In 1969, I won the annual point score for NSW in both

Obedience and Show handling. Canine media personality, Monty Hamilton-Wilkes, actually came to one of our club meetings to present me with a bronze Labrador (my breed) on a rosewood plinth as a trophy. I think Jim and Miriam were as proud as my own parents.

You have had many roles within the club the first being as an instructor. How old were you when you become an instructor and what was it like?

I participated in the first Instructors' Course and qualified at the age of 13. It was an interesting experience teaching adults; amusingly one of my pupils was my High School Science teacher.



CONGRATULATIONS					
	ON YOUR P	ROMOTION			
Name Bard	ara BESSEN				
Dog's Name	*BALDER*				
Promoted to	FOURTH CL	LASS		Class	
	Date 27th S				
		eptember,	1986	-	

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#### I understand you also had a major part to play in the clubhouse we have here today. Tell us about that?

Due to a proposed roadway (which never eventuated) the club had to move from Wahroonga. We settled at St Ives Showground and were given an old tin shed to store our gear. There were only a few strands of wire strung across posts to separate our area from busy Mona Vale Road. The Club had saved up nearly \$100,000 for the purpose of building a Clubhouse, which had been Jim's dream, but he passed away before he could realize this vision. The time had come, now that were had a secure permanent ground.

As President, I drew up some sketches to discuss at our meetings and we engaged a commercial builder. I completed the DA and environmental impact in collaboration with Ku-ring-gai Council and negotiated a \$30,000 contribution from the Council. Our building application was approved. The brick and steel construction and shutters reflect the fire prone nature of the site . I wanted the building to have some aesthetic appeal as well as being function to our needs, so chose a tiled rather than concrete floor, a hip roof and verandah., multiple storage areas and protective shutters which still admitted light through the windows. (The verandah was extended some years later under the supervision of club instructor and architect, Nicholas Gray).

I was on site when the excavator dug the first footing and hit a water main which was not on any plans! The Showground had been used as an army camp in WWII and no authority was aware the water line existed. After this hiccup all went pretty smoothly. I managed to negotiate the connection of the sewer to the Showground, which had been planned for years, but installing a couple of toilets in the clubhouse led to this being precipitated after some cajoling. The Clubhouse was officially opened in 1994 and named after our founder, Jim Powell.

#### With so many moments at NSDTC is there a memory you are proudest of?

In material terms it would have to be the planning and construction of the clubhouse followed by the floodlighting and my successful grant applications to KMC and NSW Department of Sport and Recreation to provide substantial financial support for these projects. The planted mounding to block off Mona Vale Road also makes the area safer and more pleasant. However, less tangibly, I feel great every time I see that I have been able to help a club member. To have someone arrive as a New Member with an unruly dog and a feeling of despair and a few weeks later be well on the way to building a relationship with a well behaved companion and walk around with a smile on their face is very rewarding. Similarly snippets of advice to more advanced handlers that they find helpful in achieving trialing success is also satisfying as in a small part you share their success and joy.

# Now importantly your dogs, as we are a dog training club after all. What activities at NSDTC have you participated in with your dogs?

Obedience, a bit of Rally-O, but most of the time I do Agility. Over the year we have also been part of demonstration Teams, performing at public events.

What have been your favourite memories of training and trialling with your dogs? Training: When you've been working on a behavior and your dog suddenly "gets it". For example I was standing at one end of the weaver poles and getting ready to take a video, when Boomer entered the poles from the other end and weaved all the way down to me on his own. His first ever independent completion and I was lucky enough to get it on camera. I have done some television work with my dogs in the past and this is always a bit different and can be challenging, but fun too.

Being part of a Demonstration Team and performing for a crowd, even if things don't always go to plan.

Trialling: Obviously every time you have a success and the dog feels your joy and excitement too. Every time your dog qualifies for a title is a bonus thrill. Even better if fellow club members are there to see it and congratulate you along with the other competitors. Jilla winning the National Excellent Agility (All Heights) in 2006. Winning or just qualifying at the Royal Easter Show in front of a large appreciative audience.

#### And lastly your favourite thing/s about training at NSDTC?

The friendly atmosphere among fellow members and helpful advice given during training. The venue, equipment and facilities are fantastic.



# The Treat Jar

#### Peanut Butter & Banana Cake

#### Ingredients:

2 free range eggs 2 Tbsp chia seeds (optional)

- 4 ripe bananas, mashed
- (1 1/2 cups) 1/2 cup peanut butter

2 Tbsp water

2 Tbsp extra virgin olive oil

1 ½ cups organic self raising whole wheat flour (alternatively you can choose plain flour, it will be dense and easily cut up into small squares for treats!)

#### Instructions:

- 1. Preheat oven to 180 degrees Celsius.
- 2. In a small bowl, beat the eggs and stir in the Chia seeds, set aside.
- 3. In a large bowl, mash the bananas until you have 1  $^{1\!/}_{2}$  cups.
- 4. In a small microwave safe bowl, heat the peanut butter for 30 seconds.
- 5. Stir the peanut butter into the mashed bananas.
- 6. Gradually stir in the flour mixture. Completely combine after each addition
- 7. Trace the bottom of your round pan onto Glad bake paper with a pencil and cut out the circle.
- 8. Spray the pan with non-stick cooking spray.
- 9. Place your Glad bake paper circle into your pan and spray the top of the paper with the non-stick cooking spray.
- 10. Spoon the cake batter into the pan and spread evenly
- 11. Bake for 20 minutes, or until a toothpick inserted in the centre comes out clean.
- 12. Cool in the pan for 5 minutes. Then turn out onto a wire rack to cool completely.

#### ICING.

#### Ingredients:

1 cup Sassy Treats Carob Drops (they utilise sustainable palm oil)

1 Tbsp extra virgin olive oil

1 x 16 oz pkt extra firm regular tofu, WELL DRAINED, cut into chunks

#### Instructions:

- 1. In a microwave safe bowl, stir together the extra virgin olive oil and the carob chips. Heat in the microwave for approximately 30 seconds, or until melted.
- 2. In a food processor, puree the tofu.
- 3. Pour in the melted carob chips and process until smooth and fully incorporated, about 30 seconds.

Once your cupcakes/ round cake is cooled throw on the frosting



A special thanks to our friends at Sassy Treats for The Treat Jar recipe this issue. Sassy Treats make delicious main meals, treats and cakes for dogs, cats and horses. They will be supplying the dog cake for our 50th Anniversary Celebration.

Sassy Treats are also a regular supporter of NSDTC providing raffle prizes for our Agility Trial Raffle.

Prep Time: 20 minutes Bake Time: 20 minutes Yield: 1 – 8 inch round cake or 12 cupcakes Storing: Refrigerator for 2 weeks; Freeze for 6 months

# All You'll Need To Know

 New Members - enrolment between 2.15 - 2.45pm every second Saturday. Please check the website for enrolment day dates. Online enrolment is also available at nsdogtraining.org.au.

All dogs must be FULLY IMMUNISED (Veterinary Certificate required plus 2 weeks from date of last vaccination).
 Please read NSDTC Vaccination Policy on the next page.

- Junior Members are 12 to 15 years of age.
- Training equipment (leads, training collars, etc) can be purchased at the Clubhouse.
- Before starting Agility dogs must be at least 1 year old & in Third Class or above. New memberships for Agility can only be accepted on Saturday afternoons.

#### Membership Fees:

- 1 June to 31 October \$120
- 1 November to 31 January \$80
- 1 February to 31 May \$60
- · If training more than one dog \$20.00 extra per annum for second dog, third or more free
- Pensioners, Juniors, Instructors & Management Committee members \$30.00 (no half yearly concessions)

**Membership Renewal:** Due by 30 June each year. Announcements will be made in June as to how to renew and renewals can be completed via the website nsdugtraining.org.au or at the membership desk.

Training is held in the Dog Rings at St Ives Showground every Saturday, February - November inclusive.

NB. NO training on Public Holidays. Please check the website calendar for No Training Dates.

If training is cancelled due to weather you will find a message on the website (nsdogtraining.org.au) and on the club Facebook page (Northern Suburbs Dog Training Club).

The club's Extreme Weather Policy (Temperature) for cancelling training is Agility over 30oC in the shade and Obedience over 32oC in the shade. A post will be put on the club's Facebook page by 8am for Agility and 11am for Obedience.

Club Newsletter: The Club journal is available at the enrolment table or can be viewed on our website nsdogtraining.org.au. Articles are welcomed & may be left at the table or emailed to nsdtc.editor@gmail.com

#### Club Enquiries: Ginny Legh 9489 1554 Membership Enquiries: Pam Rutledge pamru@bigpond.net.au

#### Parking

Please park on the LEFT of the road as you enter the showground or near the picnic area beside the Douglas Pickering Pavilion.

The parking area on the right, nearer the Clubhouse, is for 'on duty' Club Members who need to leave their dogs in the car, carry equipment, etc. Thank you.

#### **Club & Use of Grounds Guidelines**

These guidelines are for the benefit of all members & the general public who use St Ives Showground.

- All dogs must be on lead during club training times (except when off lead work is directed by an instructor during class).
- · Dog droppings must be cleaned up & placed in a bin.
- · Always wear your name tag.
- The dog rings are a leash free area EXCEPT on Saturdays.
- The main oval may be used for leash free exercise, so long as no other organised event is taking place.

#### NSDTC Inc Vaccination Policy Up-dated September 2010

NSDTC requires a minimum C3 (distemper, hepatitis, parvovirus) vaccination administered after the age of 12 weeks for all puppies less than 12 months old.

Please Note. A delay of two weeks after the final puppy vaccinations is required before puppies are permitted to join classes.

All adult dogs (over 12 months old) joining or renewing, must have had at least a C3 vaccination administered after 12 months of age. Triennial (3-yearly)

C3 vaccination is considered acceptable thereafter.

Dogs joining or renewing over the age of 4 years that have not had a C3 vaccination in the preceding 3 years must be referred to the Club Vet officer or official nominee.

Veterinary certificates showing adequate antibody titres\* to distemper, hepatitis & parvovirus will be accepted by NSDTC for all adult dogs as long as they are dated within the preceding 12 months.

\*Adequate antibody titres for distemper, hepatitis & parvovirus are considered to be > 1:20

As Bordetella & Parainfluenza (both agents causing canine cough) are not generally life threatening to healthy dogs, these vaccinations would be optional, but recommended & owners are reminded these may be required by boarding kennels. All vaccination & antibody titre certificates must be signed by a registered veterinary surgeon.

<b>Patrons</b> Mayor of Ku-ring-gai Mr J O'Dea State MP for Davidson Dr Jim Thompson						
Committee Of Management - Office Bearers						
President:	Kim Dowding 9653 2045					
Club Secretary: Gael Goldsack		9487 3656 (Postal Address - PO Box 426 Turramurra 2074)				
Treasurer:	Phil Palangas	9653 3470				
Vice Presidents:	Vickie Dean	0411 751 186				
	Maggie Young	9451 7986				
Chief Instructors:	Jennifer Hamilton	9982 9029	(Agility)			
	Judy Perrin	9449 7388	(Obedience)			
		Committee Mer	nhers			
Assistant Treasurer:		Gale Coutts				
Club Librarians:		Penny Dalzell, Virginia Pennefather & Eve Park				
Clubhouse Coordinator/Catering:		Rebecca Braid				
Committee (general):		Eve Park				
Communications Officer:		Melinda Duker				
DWD Coordinator:		Penny Dalzell				
Ku-ring-gai K9 Co-ordinator:		Sharon Househam				
Membership Secretary:		Pam Rutledge				
Membership Team Members:		Lana Partridge & Anne Adams				
Obedience Demo Team Coordinator:		Penny Dalzell				
Rally O Coordinator:		Ginny Legh				
Social Secretary:		Sarah Bryce				
Title Trophy Mementos Officer:		Karin Bridge				
Training Equipment (sales) Officer:		Gale Coutts				
Training & Trial Equipment Officer: John Jonker						

#### Obedience, Rally O & RATG Trial Committee

Trial Secretary: Trial Manager: Chief Steward:

Trophy Officer:

Ginny Legh (Chair) Kim Dowding Gael Goldsack Denise Wigney

#### **Agility Trial Committee**

Trial Secretary:Tsuey Hiu (Chair)Trial Manager:Karin BridgeChief Steward:Melinda DukerTrophy Officer:Maggie Young

# Trial Equipment Officers: Andy Seitz & John Jonker

Trial Catering Officers: Kay Hogan & Sharon Househam

#### **Education Sub-Committee**

Sally Stawman (Chair), Karin Bridge, Gael Goldsack, Jennifer Hamilton, Sharon Housham, Judy Perrin & Pat Walsh

#### Dances with Dogs Sub Committee

Penny Dalzell & Ginny Legh

Inter-club Challenge Coordinator Penny Dalzell

# What Class Am I In? On your first day at the club you will start in one the following groups: Puppy Class for New Members with puppies under 9 months After your first lesson, your classes are called Puppy Class - Weeks 2, 3 & 4 or First Class - Weeks 2, 3 & 4 Every new member is given a GREEN LEAD - please use it in class

# **Diary Dates**

No Training Dates: Sat 10th June (Long Weekend)

New Member Dates: Sat 17th June Sat 1st July Sat 15th July Sat 29th July Sat 12th Aug

> Promotion Test Dates: Sat 3rd June Sat 1st July Sat 5th Aug

#### **Meeting Dates:**

General Meeting Sat 17th June 4pm Committee Meeting Wed 26th July 7.30pm Instructors Meeting Sat 3rd June 4.15pm Annual General Meeting Sat 26th August 4pm

> NSDTC Agility Trial Sun 6th August

Other Dates: Sat 24th June NSDTC 50th Anniversary Celebration Sat 24th June Membership Renewals Due Sat 29th July Interclub Challenge